

### Outdoor clubrecords

geen clubrecords voor benjamins meer vanaf seizoen 2020-2021

| Jongens    |                       | Benjamins (U10) |             | Meisjes             |            |                     |           |             |
|------------|-----------------------|-----------------|-------------|---------------------|------------|---------------------|-----------|-------------|
| datum      | atleet                | prestatie       | plaats      | Discipline          | datum      | atleet              | prestatie | plaats      |
| 24/09/2005 | Jacob Ryckaert        | 9.14            | Nijvel      | <b>60m</b>          | 15/05/0199 | Els De Wael         | 9.12      | Aalst       |
| 19/09/2015 | Loic De Vos           | 1:57.87         | Zelee       | <b>600m</b>         | 23/09/2017 | Elise De Bruyn      | 2:00.86   | Nijvel      |
| 19/09/1998 | Lander Van Caesbroeck | 3:31.29         | St. Niklaas | <b>1000m</b>        | 07/08/1999 | Els De Wael         | 3:26.09   | Hechtel     |
| 31/08/1998 | Davy Mertens          | 1,23 m          | Zelee       | <b>hoog</b>         | 23/09/2017 | Elise De Bruyn      | 1,20 m    | Nijvel      |
| 26/09/1998 | Joris Haeck           | 4,17 m          | Nijvel      | <b>ver</b>          | 25/09/1999 | Els De Wael         | 4,03 m    | St. Niklaas |
| 01/09/1991 | Davy Cardon           | 10,38 m         | Lokeren     | <b>kogel (1 kg)</b> | 15/09/1993 | Leen De Meersman    | 10,66 m   | Lebbeke     |
| 16/09/1989 | Nico Haegens          | 39,24 m         | Ninove      | <b>hockey</b>       | 26/06/1999 | Tanja De Baere      | 31,14 m   | St. Niklaas |
| 21/07/1994 | Bjorn De Borger       | 1245            | Oordegem    | <b>3-kamp</b>       | 08/07/1990 | Vicky Vercruyssen   | 1043      | Lebbeke     |
| 15/08/1998 | Joris Haeck           | 1946            | Beveren     | <b>4-kamp</b>       | 01/08/1999 | Els De Wael         | 1883      | Beveren     |
| 30/08/1997 | Joris Haeck           | 37.52           | Oordegem    | <b>4x60m</b>        | 27/08/2017 | Charlotte Dufour    | 38.18     | Ninove      |
|            | Mathias Verschuere    |                 |             |                     |            | Liese Van Theemsche |           |             |
|            | Sebastiaan De Grove   |                 |             |                     |            | Elise De Bruyn      |           |             |
|            | Pieter Vervae         |                 |             |                     |            | Fien De Decker      |           |             |
| 18/06/2016 | Lander Beirnaert      | 6:17.69         | Lokeren     | <b>3x600m</b>       | 27/08/2017 | Fien De Decker      | 6:21.91   | Ninove      |
|            | Jannes Huyghe         |                 |             |                     |            | Liese Van Theemsche |           |             |
|            | Viktor Noi Vidarsson  |                 |             |                     |            | Elise De Bruyn      |           |             |

| Jongens           |                     | Pupillen (U12) |                | Meisjes                  |                   |                           |              |                |
|-------------------|---------------------|----------------|----------------|--------------------------|-------------------|---------------------------|--------------|----------------|
| datum             | atleet              | prestatie      | plaats         | Discipline               | datum             | atleet                    | prestatie    | plaats         |
| 29/07/0200        | Joris Haeck         | 8.58           | Beveren        | <b>60m</b>               | 17/06/2001        | Els De Wael               | 8.37         | Burcht         |
| 10/05/1981        | Andy Hoste          | 2:38.1         | Lokeren        | <b>800m</b>              | 12/08/1980        | Elke Van Damme            | 2:37.07      | Lebbeke        |
| 16/07/2016        | Sverre Van Britsom  | 3:00.46        | Heusden        | <b>1000m</b>             | 16/07/2016        | Stephanie Verniers        | 3:15.88      | Heusden        |
| <b>05/09/2021</b> | <b>August Meire</b> | <b>12.46</b>   | <b>Beveren</b> | <b>60h (0,68 m)</b>      | <b>05/09/2021</b> | <b>Noémie Van Lokeren</b> | <b>10.30</b> | <b>Beveren</b> |
|                   |                     |                |                | <b>150h</b>              | 14/06/2013        | Kaat Verbelen             | 23.12        | Lokeren        |
| 24/09/2016        | Jesse Heirman       | 1,54 m         | Nijvel         | <b>hoog</b>              | 14/09/2019        | Liese Van Theemsche       | 1,42 m       | BVV Finale     |
| 04/09/2016        | Jesse Heirman       | 4,88 m         | Beveren        | <b>ver</b>               | 29/09/2001        | Els De Wael               | 4,66 m       | Nijvel         |
| 24/09/2016        | Jesse Heirman       | 11,64 m        | Nijvel         | <b>kogel (2 kg)</b>      | 30/07/1995        | Leen De Meersman          | 10,54 m      | Bornem         |
| 31/08/2002        | Kevin Van Eetvelde  | 30,02 m        | Deinze         | <b>discus (0,600 kg)</b> | 12/09/2004        | Tillie Neels              | 27,00 m      | St. Niklaas    |
| 08/06/2002        | Kevin Van Eetvelde  | 51,45 m        | Ninove         | <b>hockey</b>            | 28/04/2001        | Tanja De Baere            | 42,74 m      | St. Niklaas    |
| 14/07/1996        | Bjorn De Borger     | 1554           | Merksem        | <b>3-kamp</b>            | 10/08/1991        | Kimmy Vlaeminck           | 1418         | Deinze         |

|            |   |         |         |               |            |  |         |          |
|------------|---|---------|---------|---------------|------------|--|---------|----------|
| 26/09/2016 | Jesse Heirman   | 2527    | Deinze  | <b>4-kamp</b> | 22/07/2001 | Els De Wael  | 2259    | Oordegem |
| 10/09/2016 | Sverre Van Britsom<br>Yente Van Den Broeck<br>Maxim Verniers<br>Jesse Heirman | 33.98   | Aalst   | <b>4x60m</b>  | 02/08/2019 | Linde Engelen<br>Charlotte Dufour<br>Elise De Bruyn<br>Liese Van Theemsche | 34.41   | Deinze   |
| 18/06/2016 | Yens Van Aerde<br>Maxim Verniers<br>Sverre Van Britsom                        | 5:23.23 | Lokeren | <b>3x600m</b> | 18/06/2016 | Dorien Poppe<br>Stephanie Verniers<br>Jade Cowie                           | 5:47.17 | Lokeren  |

Records van disciplines die niet meer worden uitgeoefend

|            |               |       |         |              |            |                |       |        |
|------------|---------------|-------|---------|--------------|------------|----------------|-------|--------|
| 17/06/1978 | Jochen Koch   | 14.5  | Lier    | 100m         |            |                |       |        |
|            |               |       |         | 200m         | 18/09/1984 | Nancy De Gucht | 31.8  | Heule  |
| 04/09/2016 | Jesse Heirman | 10.25 | Beveren | 60h (0,76 m) | 24/09/2011 | Zita Goossens  | 10.62 | Nijvel |

| Jongens           |                        |              |                | Miniemen (U14)                      |                   | Meisjes                    |             |                 |  |
|-------------------|------------------------|--------------|----------------|-------------------------------------|-------------------|----------------------------|-------------|-----------------|--|
| datum             | atleet                 | prestatie    | plaats         | Discipline                          | datum             | atleet                     | prestatie   | plaats          |  |
| 18/07/1986        | Tjorven De Brul        | 10.0         | Oordegem       | <b>80m</b>                          | 21/06/2003        | Els De Wael                | 10.42       | Duffel          |  |
| <b>18/09/2021</b> | <b>Rune Levefer</b>    | <b>18.88</b> | <b>Beveren</b> | <b>150m</b>                         | 15/06/2003        | Els De Wael                | 19.18       | Oordegem        |  |
| 15/09/2018        | Yens Van Aerde         | 39.83        | Sint-Niklaas   | <b>300m</b>                         | 31/05/2003        | Els De Wael                | 42.09       | Lebbeke         |  |
|                   |                        |              |                | <b>600m</b>                         | 28/05/2012        | Justine Tinck              | 1:44.50     | Hulst           |  |
| 16/05/2018        | Sverre Van Britsom     | 2:13.33      | Aalst          | <b>800m</b>                         | 02/05/2012        | Justine Tinck              | 2:27.97     | Oordegem        |  |
| 23/09/2000        | Berten De Vleeschauwer | 2:48.98      | Nijvel         | <b>1000m</b>                        | 23/07/2012        | Justine Tinck              | 3:01.96     | Oordegem        |  |
| <b>05/09/2021</b> | <b>Jannes Huyghe</b>   | <b>13.00</b> | <b>Beveren</b> | <b>(0,76 m ) 80h / 60h (0,68 m)</b> | <b>14/08/2021</b> | <b>Liese Van Theemsche</b> | <b>9.48</b> | <b>Ertvelde</b> |  |
| 14/07/2013        | Bryan De Backer        | 21.20        | Lokeren        | <b>150h (76 cm)</b>                 | 09/06/2018        | Jade Cowie                 | 19.74       | Lokeren         |  |
| 21/07/1986        | Tjorven De Brul        | 1,75 m       | Gentbrugge     | <b>hoog</b>                         | 27/09/2008        | Loredana De Pauw           | 1,63 m      | Nijvel          |  |
| 23/06/2018        | Maxim Verniers         | 5,68 m       | Gentbrugge     | <b>ver</b>                          | 27/09/2003        | Els De Wael                | 5,39 m      | Nijvel          |  |
| 03/09/2017        | Jesse Heirman          | 2,60 m       | Beveren        | <b>polsstok</b>                     | 23/09/2017        | Sara Roggeman              | 2,80 m      | Nijvel          |  |
| 22/09/1990        | Christof De Ruysscher  | 13,05 m      | Hulst          | <b>3kg kogel 2kg</b>                | 17/10/1993        | An De Meersman             | 14,18 m     | Diepenbeek      |  |
| 05/09/2015        | Jonas Verduyck         | 32,79 m      | Beveren        | <b>discus 750gr</b>                 | 11/04/2010        | Joke Cools                 | 25,78 m     | Oordegem        |  |
| 02/07/2016        | Stef De Maere          | 40,4 m       | Aalst          | <b>speer 400 g</b>                  | 27/09/2003        | Tanja De Baere             | 34,99 m     | Nijvel          |  |
| 18/07/1986        | Tjorven De Brul        | 2002         | Oordegem       | <b>3-kamp</b>                       | 18/07/1986        | Nancy De Gucht             | 1622        | Oordegem        |  |
| 13/05/1995        | Stijn Vlaeminck        | 2084         | Dilbeek        | <b>4-kamp</b>                       | 11/09/1993        | Kimmy Vlaeminck            | 2351        | Ninove          |  |
| 01/10/2000        | Berten De Vleeschauwer | 3726         | St.Niklaas     | <b>5-kamp</b>                       | 05/10/2003        | Els De Wael                | 3507        | St.Niklaas      |  |
| 02/09/2018        | Yente Van Den Broeck   | 39.70        | Gent           | <b>4x80m</b>                        | 02/09/2018        | Hanne Van De Wiele         | 42.09       | Gent            |  |

|            |  |         |      |               |  |                     |
|------------|--|---------|------|---------------|--|---------------------|
|            | Maxim Verniers<br>Yens Van Aerde<br>Lennert D'hooghe   |         |      |               | Stephanie Verniers<br>Rhune Vanroose<br>Jade Cowie                         |                     |
| 02/09/2018 | Yens Van Aerde<br>Maxim Verniers<br>Sverre Van Britsom | 4:52.87 | Gent | <b>3x600m</b> | <b>28/08/2021</b><br>Fien De Decker<br>Helena Van Waeuwe<br>Elise De Bruyn | <b>5:22.31</b> Gent |

Records van disciplines die niet meer worden uitgeoefend

|            |  |         |              |                              |            |  |         |             |
|------------|--|---------|--------------|------------------------------|------------|--|---------|-------------|
|            |  |         |              | 60m                          | 09/06/1989 | Gunhild De Brul  | 8.69    | Helsingborg |
| 23/09/1987 | Geert De Vijlder   | 25.9    | Willebroek   | 200m                         | 01/09/1990 | Ine Claus  | 28.0    | Merksem     |
| 27/06/1982 | Piet De Vos  | 68.3    | Oostakker    | 400m                         |            |  |         |             |
| 02/07/1994 | Stijn Vlaeminck  | 20.23   | Rotterdam    | 100h                         |            |  |         |             |
| 16/05/2018 | Lennert D'hooghe   | 12.91   | Aalst        | 100m                         |            |  |         |             |
| 31/08/1996 | Kris Coene   | 37,66 m | Oordegem     | 1 kg discus                  |            |  |         |             |
|            |  |         |              | discus 600gr                 | 10/09/1993 | An De Meersman   | 39,82 m | Ertvelde    |
| 04/05/1978 | Rudy Hillaert  | 9,53 m  | Vilvoorde    | 4kg kogel 3kg                | 19/07/1986 | Nancy De Gucht   | 9,56 m  | Vlierzele   |
| 08/07/1989 | Koen Vermeulen   | 12.50   | Helsingborg  | 60h                          |            |  |         |             |
|            |  |         |              | 80h                          | 07/07/1990 | Gunhild De Brul  | 14.55   | Helsingborg |
| 15/09/2018 | Maxim Verniers   | 12.66   | Sint-Niklaas | (0,84 m ) 80h / 60h (0,76 m) | 26/09/2009 | Eline D'Huyvetter  | 9.64    | Nijvel      |
| 18/08/1985 | Stefaan De Blicck<br>Steven Marijns<br>Serge Sennesael<br>Tom Windey | 2:04.1  | Aalst        | 4x200m                       | 17/08/2006 | Katleen Van Roy<br>Gudrun Criel<br>Nancy De Gucht<br>Isabel Coppieters | 1:55.2  | Aalst       |

| Jongens    |               |           |              | cadetten (U16) |            | Meisjes       |           |            |
|------------|---------------|-----------|--------------|----------------|------------|---------------|-----------|------------|
| datum      | atleet        | prestatie | plaats       | Discipline     | datum      | atleet        | prestatie | plaats     |
| 22/05/2004 | Joris Haeck   | 11.47     | Sint-Niklaas | <b>100m</b>    | 01/05/2005 | Els De Wael   | 12.51     | Oordegem   |
| 22/05/2004 | Joris Haeck   | 22.85     | Sint-Niklaas | <b>200m</b>    | 15/08/2016 | Angel Agwazie | 25.52     | Leuven     |
| 07/08/2004 | Joris Haeck   | 36.45     | Gent         | <b>300m</b>    | 11/06/2005 | Els De Wael   | 40.89     | Herentals  |
| 30/07/2004 | Joris Haeck   | 51.79     | Mol          | <b>400m</b>    | 09/05/2015 | Lisse Thyssen | 58.46     | Oudenaarde |
| 04/09/1977 | Luc D'Hooghe  | 1:59.1    | Heizel       | <b>800m</b>    | 24/05/2014 | Justine Tinck | 2:15.99   | Lokeren    |
| 28/08/2005 | Jan Vervaeet  | 2:39.01   | Zele         | <b>1000m</b>   |            |               |           |            |
| 04/09/1977 | Dirk Vervaeet | 4:07.03   | Heizel       | <b>1500m</b>   | 31/05/2014 | Justine Tinck | 4:30.52   | Oordegem   |
| 06/08/2005 | Jan Vervaeet  | 4:40.93   | Vilvoorde    | <b>Mijl</b>    | 09/08/2014 | Justine Tinck | 4:54.41   | Kessel-Lo  |

|             |                       |         |            |                                       |            |                     |         |               |
|-------------|-----------------------|---------|------------|---------------------------------------|------------|---------------------|---------|---------------|
| 20/05/2008  | Jan Vervae            | 6:02.25 | Zele       | <b>2000m</b>                          | 10/09/2014 | Justine Tinck       | 6:14.87 | Tessenderlo   |
| 04/05/2004  | Jan Vervae            | 9:26.99 | Oordegem   | <b>3000m</b>                          |            |                     |         |               |
| 27/05/2005  | Jan Vervae            | 4:33.06 | Beveren    | <b>1500 steeple (0,76 m)</b>          | 02/08/2020 | Rhune Vanroose      | 5:30.01 | Oostduinkerke |
| 27/09/2020  | Maxim Verniers        | 14.07   | Deinze     | <b>100h (0,84 m)/80h (0,76 m)</b>     | 15/08/2016 | Angel Agwazie       | 11.38   | Leuven        |
| 06/09/2015  | Bryan De Backer       | 39.49   | Moeskroen  | <b>300h (0,76 m)</b>                  | 06/09/2015 | Lisse Thyssen       | 43.86   | Moeskroen     |
| 20/05/2018  | Symen Vinck           | 1,77 m  | Herentals  | <b>hoog</b>                           | 01/08/2015 | Zita Goossens       | 1,66 m  | Dilbeek       |
| 23/07/1988  | Tjorven De Brul       | 6,29 m  | Gentbrugge | <b>ver</b>                            | 03/10/2004 | Els De Wael         | 5,57 m  | Oordegem      |
| 09/09/2018  | Symen Vinck           | 12,59 m | Kessel-lo  | <b>hinkstap</b>                       | 04/08/2009 | Mieke Van Boxelaere | 10,43 m | Oordegem      |
| 29/07/2017  | Benjamin Evrard       | 3,60 m  | Dilbeek    | <b>polsstok</b>                       | 02/09/2007 | Steffi Dhondt       | 3,45 m  | Nijvel        |
| 29/08/1998  | Kris Coene            | 16,42 m | Eeklo      | <b>4 kg kogel 3 kg</b>                | 20/08/2005 | Els De Wael         | 13,34 m | Burcht        |
| 19/09/19998 | Kris Coene            | 63,32 m | Gent       | <b>discus 1 kg</b>                    | 29/07/1988 | Nancy De Gucht      | 35,94 m | Bornem        |
| 07/10/2006  | Kevin Van Eetvelde    | 45,15 m | Eeklo      | <b>600 g speer 500 g</b>              | 22/10/1995 | An De Meersman      | 35,96 m | Oordegem      |
| 13/09/1992  | Christof De Ruyscher  | 36,58 m | Eeklo      | <b>4 kg hamer 3 kg</b>                | 29/04/1995 | An De Meersman      | 33,12 m | Eeklo         |
| 27/05/2005  | Francis D'Hooge       | 2801    |            | <b>5-kamp</b>                         | 30/09/1995 | Kimmy Vlaeminck     | 3084    | Willebroek    |
|             |                       | 36,80 m |            | <b>speer</b>                          |            |                     | 30,14 m |               |
|             |                       | 39,26 m |            | <b>discus / kogel</b>                 |            |                     | 11,46 m |               |
|             |                       | 5,82 m  |            | <b>ver</b>                            |            |                     | 5,57 m  |               |
|             |                       | 24.67   |            | <b>200 m / 80 m</b>                   |            |                     | 12.71   |               |
|             |                       | 4:57.78 |            | <b>1500 m / hoog</b>                  |            |                     | 1,52 m  |               |
| 07/08/2005  | Francis D'Hooge       | 4679    |            | <b>8-kamp / 6-kamp</b>                |            |                     | 4021    | Izegem        |
|             |                       | 11.77   |            | <b>100 m</b>                          |            |                     |         |               |
|             |                       | 5,63 m  |            | <b>ver</b>                            |            |                     | 5,45 m  |               |
|             |                       | 14,82 m |            | <b>kogel</b>                          |            |                     | 11,56 m |               |
|             |                       | 1,57 m  |            | <b>hoog</b>                           |            |                     | 1,57 m  |               |
|             |                       | 16.57   |            | <b>100 h (0,91 m) / 80 h (0,76 m)</b> |            |                     | 12.60   |               |
|             |                       | 3,53 m  |            | <b>polsstok</b>                       |            |                     |         |               |
|             |                       | 43,22 m |            | <b>speer</b>                          |            |                     | 30,53 m |               |
|             |                       | 2:55.54 |            | <b>1000 m / 800 m</b>                 |            |                     | 2:32.52 |               |
| 28/08/2019  | Ilias Thienpondt      | 45.86   | Deinze     | <b>4x100m</b>                         | 25/05/2015 | Auke De Mey         | 49.47   | Lokeren       |
|             | Lennert D'hooghe      |         |            |                                       |            | Anke Van Puyvelde   |         |               |
|             | Maxim Verniers        |         |            |                                       |            | Lisse Thyssen       |         |               |
|             | Reinout Beirnaert     |         |            |                                       |            | Zita Goossens       |         |               |
| 30/08/2015  | Bryan De Backer       | 1:39.90 | Maldegem   | <b>4x200m</b>                         |            |                     |         |               |
|             | Stef Van Hecke        |         |            |                                       |            |                     |         |               |
|             | Stijn Van Nieuwenhove |         |            |                                       |            |                     |         |               |

|            |                 |        |        |               |            |                        |                   |
|------------|-----------------|--------|--------|---------------|------------|------------------------|-------------------|
|            | Thibau Verniers |        |        |               |            |                        |                   |
| 26/09/1976 | Patrick Vervaet | 8:35.0 | Heizel | <b>4x800m</b> | 19/09/2020 | Chloe D'hooge          | 9:36.14 Moeskroen |
|            | Dirk Vervaet    |        |        |               |            | Rhune Vanroose         |                   |
|            | Alex Vervaet    |        |        |               |            | Arrezina Van Ransbeeck |                   |
|            | Luc D'Hooge     |        |        |               |            | Dorien Poppe           |                   |

Records van disciplines die niet meer worden uitgeoefend

|            |                       |         |           |               |            |                  |                 |
|------------|-----------------------|---------|-----------|---------------|------------|------------------|-----------------|
| 06/09/2015 | Stijn Van Nieuwenhove | 14.50   | Moeskroen | 100h (0,91 m) |            |                  |                 |
| 09/06/0978 | Peter De Plukker      | 11,72 m | Vlierzele | kogel 5kg     |            |                  |                 |
| 16/09/1989 | Peter Van Driessche   | 33,00 m | Eeklo     | discus 1,5kg  |            |                  |                 |
|            |                       |         |           | 80 m          | 02/06/1994 | Annelies Seghers | 10.83 Rotterdam |
|            |                       |         |           | 150 m         | 11/05/2002 | Kimmy Vlaeminck  | 20.53 Rotterdam |
|            |                       |         |           | 3000 snelw.   | 23/10/1994 | An De Meersman   | 22:15.8 Nijvel  |

| Jongens           |                          |                |               | scholieren (U18)                     |                   | Meisjes                |                |                     |
|-------------------|--------------------------|----------------|---------------|--------------------------------------|-------------------|------------------------|----------------|---------------------|
| datum             | atleet                   | prestatie      | plaats        | Discipline                           | datum             | atleet                 | prestatie      | plaats              |
| 26/06/1981        | Danny Heirman            | 11.1           | Merksem       | <b>100m</b>                          | 02/06/2018        | Angel Agwazie          | 12.11          | Oordegem            |
| <b>15/08/2021</b> | <b>Ilias Thienpondt</b>  | <b>22.63</b>   | <b>Deinze</b> | <b>200m</b>                          | 02/06/2018        | Angel Agwazie          | 24.91          | Oordegem            |
| 25/08/2015        | Dries Van Nieuwenhove    | 36.39          | Sint Niklaas  | <b>300m</b>                          | 14/04/2007        | Els De Wael            | 40.86          | Oordegem            |
| 14/05/2017        | Stijn Van Nieuwenhove    | 50.72          | Sint Niklaas  | <b>400m</b>                          | 08/09/2007        | Els De Wael            | 57.48          | Tongeren            |
| 03/06/2017        | Stijn Van Nieuwenhove    | 1:55.01        | Oordegem      | <b>800m</b>                          | 04/06/2015        | Justine Tinck          | 2:12.37        | Sint Niklaas        |
| 21/07/1998        | Wouter Van Rumst         | 2:33.03        | Dilbeek       | <b>1000m</b>                         | 30/08/2002        | Magalie Van Den Berghe | 2:51.75        | Brussel             |
| 10/07/1998        | Wouter Van Rumst         | 3:58.51        | Gent          | <b>1500m</b>                         | 28/05/2016        | Justine Tinck          | 4:21.90        | Oordegem            |
| 09/08/1998        | Wouter Van Rumst         | 8:39.56        | Heverlee      | <b>3000m</b>                         | 01/05/2016        | Justine Tinck          | 18.39 (BR)     | Herentals           |
|                   |                          |                |               | <b>Mijl</b>                          | 11/09/2016        | Justine Tinck          | 4:53.88        | Turnhout            |
|                   |                          |                |               | <b>2000m</b>                         | 21/08/2015        | Justine Tinck          | 6:14.13        | Zele                |
| <b>11/08/2021</b> | <b>Dries De Strycker</b> | <b>6:58.30</b> | <b>Ninove</b> | <b>(0,84 m) 2000 steeple (0,76m)</b> | <b>31/07/2021</b> | <b>Rhune Vanroose</b>  | <b>7:22.07</b> | <b>franconville</b> |
| 20/08/2017        | Bryan De Backer          | 14.69          | Deinze        | <b>(0,91 m) 110h/100h (0,84 m)</b>   | 27/05/2018        | Angel Agwazie          | 13.64          | 13.64               |
| 06/09/2015        | Dries Van Nieuwenhove    | 55.43          | Moeskroen     | <b>(0,84m) 400h (0,76m)</b>          | 03/06/2017        | Zita Goossens          | 63.66          | Oordegem            |
| 16/09/1976        | Yves De Coen             | 1,90 m         | Heizel        | <b>hoog</b>                          | 03/09/2016        | Zita Goossens          | 1,77 m         | Leuven              |
| 25/08/2016        | Ward Van Praet           | 6,63 m         | Oordegem      | <b>ver</b>                           | 07/07/2007        | Els De Wael            | 6,14 m         | Oordegem            |
| 15/04/2004        | Sander Soens             | 12,72 m        | Duffel        | <b>hinkstap</b>                      | 27/10/1996        | An De Meersman         | 10,62 m        | Vorst               |
| 11/07/2018        | Benjamin Evrard          | 4,11 m         | Ertvelde      | <b>polsstok</b>                      | 15/08/2009        | Steffi Dhondt          | 3,65 m         | Brugge              |
| 06/05/2000        | Kris Coene               | 16,01 m        | Herentals     | <b>5 kg kogel 3 kg</b>               | 25/08/1990        | Nancy De Gucht         | 13,96 m        | Hechtel             |

|                   |                    |                |             |                             |            |                     |         |               |
|-------------------|--------------------|----------------|-------------|-----------------------------|------------|---------------------|---------|---------------|
| 03/08/2000        | Kris Coene         | 61;96 m        | Oordegem    | <b>1,5 kg discus 1 kg</b>   | 15/08/1990 | Nancy De Gucht      | 41,46 m | Kessel-Lo     |
| <b>12/09/2021</b> | <b>Victor Suy</b>  | <b>56,33 m</b> | <b>Lier</b> | <b>700g speer 500g</b>      | 31/05/1997 | An De Meersman      | 35,80 m | Lebbeke       |
| 14/04/2007        | Kevin Van Eetvelde | 30,78 m        | Eeklo       | <b>5 kg hamer 3kg</b>       | 19/10/1996 | An De Meersman      | 34,38 m | Melle         |
| 22/09/2007        | Francis D'Hooge    | 3145           | Oordegem    | <b>5-kamp</b>               |            |                     |         |               |
|                   |                    | 41,63 m        |             | speer                       |            |                     |         |               |
|                   |                    | 42,60 m        |             | discus                      |            |                     |         |               |
|                   |                    | 6,02 m         |             | ver                         |            |                     |         |               |
|                   |                    | 23.47          |             | 200m                        |            |                     |         |               |
|                   |                    | 4:48.31        |             | 1500m                       |            |                     |         |               |
| 20/08/2017        | Bryan De Backer    | 6424           | Deinze      | <b>10-kamp/ 7 kamp</b>      | 13/07/2007 | Els De Wael         | 5155    | Ostrava (Cze) |
|                   |                    | 11.60          |             | 100m                        |            |                     |         |               |
|                   |                    | 6,39 m         |             | ver                         |            |                     | 6,01 m  |               |
|                   |                    | 12,57 m        |             | 5 kg kogel 3 kg             |            |                     | 11,64 m |               |
|                   |                    | 1,65 m         |             | hoog                        |            |                     | 1,57 m  |               |
|                   |                    | 51,02 m        |             | 400m/200m                   |            |                     | 25.70   |               |
|                   |                    | 14,69 m        |             | (0,91 m) 110h/100h (0,76 m) |            |                     | 14.87   |               |
|                   |                    | 33,93 m        |             | discus                      |            |                     |         |               |
|                   |                    | 3,40 m         |             | polstok                     |            |                     |         |               |
|                   |                    | 46,32 m        |             | 700 g speer 500 g           |            |                     | 31,17 m |               |
|                   |                    | 4:39.10        |             | 1500m/800m                  |            |                     | 2:21.42 |               |
| 07/09/2012        | Jacob Ryckaert     | 43.78          | Heizel      | <b>4x100m</b>               | 06/07/2017 | Angel Agwazie       | 47.12   | Mol           |
|                   | Jari Simoen        |                |             |                             |            | Lisse Thyssen       |         |               |
|                   | Arno Thibau        |                |             |                             |            | Zita Goossens       |         |               |
|                   | Michiel De Munck   |                |             |                             |            | Auke De Mey         |         |               |
| 19/08/2013        | Robin Goossens     | 1:34.40        | Aalst       | <b>4x200m</b>               |            |                     |         |               |
|                   | Nicolas Claus      |                |             |                             |            |                     |         |               |
|                   | Jacob Ryckaert     |                |             |                             |            |                     |         |               |
|                   | Michiel De Muynck  |                |             |                             |            |                     |         |               |
| 16/09/1979        | Ronny Van Hecke    | 8:04.4         | Heizel      | <b>4x800m</b>               | 18/09/2016 | Zita Goossens       | 9:19.19 | Moeskroen     |
|                   | Gerrit Verniers    |                |             |                             |            | Fien Janssens       |         |               |
|                   | Dirk Vervaeet      |                |             |                             |            | Elise Van Raemdonck |         |               |
|                   | Luc D'Hooge        |                |             |                             |            | Justine Tinck       |         |               |

Records van disciplines die niet meer worden uitgeoefend

|            |                               |         |                       |
|------------|-------------------------------|---------|-----------------------|
| 03/08/2004 | Berten De Vleeschauer         | 6:08.32 | (0,91 m) 2000 steeple |
| 09/09/1979 | Ronny Van Hecke               | 41.57   | Heizel (0,84 m) 300h  |
| 06/08/2000 | Kris Coene                    | 13,13 m | kogel 7,260kg         |
| 06/08/2000 | Kris Coene                    | 49,19 m | discus 2kg            |
| 13/06/1980 | Peter De Plukker              | 3604pt  | 8-kamp                |
| 07/08/1983 | Patrick Van Waes              | 3449pt  |                       |
|            | ver,hoog,kogel,400m           |         |                       |
|            | 110h, polsstok, discus, speer |         |                       |
| 03/10/2004 | Jeroen Debue                  | 5789pt  | 9-kamp                |
|            | 100m,ver,kogel,polsstok       |         |                       |
|            | 110h,hoog,discus,speer,1500m  |         |                       |

| Heren             |                       | juniores (U20) |               | Dames                          |            |                     |           |                    |
|-------------------|-----------------------|----------------|---------------|--------------------------------|------------|---------------------|-----------|--------------------|
| datum             | atleet                | prestatie      | plaats        | Discipline                     | datum      | atleet              | prestatie | plaats             |
| 14/05/2017        | Marvin Nicque         | 10.81          | Sint Niklaas  | 100m                           | 10/06/2019 | Angel Agwazie       | 12.05     | Tilburg            |
| <b>29/08/2021</b> | <b>Noa Dieleman</b>   | <b>22.52</b>   | <b>Deinze</b> | <b>200 m</b>                   | 13/09/2020 | Angel Agwazie       | 25.00     | Gent               |
| 10/09/1991        | Sven Wielandt         | 35.4           | Aalst         | 300m                           | 30/05/2010 | Leen Van Den Broeck | 41.83     | Lokeren            |
| 09/07/2017        | Dries Van Nieuwenhove | 48.60          | Brussel       | 400m                           | 03/07/2016 | Maury Valck         | 59.14     | Lokeren            |
| 01/05/2019        | Stijn Van Nieuwenhove | 1:53.25        | Oordegem      | 800m                           | 25/06/2017 | Justine Tinck       | 2:10.10   | Lokeren            |
| 03/09/1999        | Wouter Van Rumst      | 2:30.60        | Heizel        | 1000m                          | 02/08/2017 | Justine Tinck       | 2:51.25   | Sint-Niklaas       |
| 23/09/1980        | Dirk Vervaeat         | 3:47.4         | Heizel        | 1500m                          | 03/06/2017 | Justine Tinck       | 4:13.61   | Oordegem           |
| 19/08/2012        | Philip Cordtvriendt   | 4:15.06        | Leuven        | Mijl                           | 09/08/2014 | Lisa Rooms          | 4:54.40   | Kessel-Lo          |
| 21/08/2010        | Thomas Van De Putte   | 9:44.94        | Zelee         | 2 Mijl                         |            |                     |           |                    |
| 30/08/2012        | Philip Cortvriendt    | 5:24.48        |               | 2000m                          |            |                     |           |                    |
| 01/09/1981        | Dirk Vervaeat         | 8:13.41        | Heizel        | 3000m                          | 01/05/2017 | Justine Tinck       | 9:29.27   | Herentals          |
| 21/06/1991        | Tom Van Hooste        | 14:22.2        | Kessel-Lo     | 5000m                          | 17/09/2017 | Elise Van Raemdonck | 17:33.57  | Huizingen          |
| 15/06/1990        | Tom Van Hooste        | 30.13.7        | Lebbeke       | 10000m                         |            |                     |           |                    |
| 16/07/1978        | Dirk De Maesschalck   | 6:03.2         | Heizel        | 2000 steeple                   |            |                     |           |                    |
| 09/09/1990        | Donald Van Boven      | 9:20.7         | Naimette      | (0,91 m) 3000 steeple (0,76 m) |            |                     |           |                    |
| 11/09/2016        | Robin Goossens        | 15.13          | Nijvel        | (0,99 m) 110h/100h (0,84 m)    | 19/06/2019 | Angel Agwazie       | 13.51     | Boras (ZWE) EK U20 |
| 20/05/2017        | Robin Goossens        | 14.93          | Zolder        | (1,07 m) 110h                  |            |                     |           |                    |
| 10/07/2005        | Jeroen Debeu          | 53.46          | Heizel        | (0,91 m) 400h (0,76 m)         | 27/04/2003 | Axelle Vandorpe     | 65.90     | Lebbeke            |
| 08/05/1977        | Yves De Coen          | 1,95 m         | Zelee         | hoog                           | 21/07/1985 | Karin Puimege       | 1,69 m    | Heizel             |
| 25/06/2017        | Marvin Nicque         | 7,24 m         | Lokeren       | ver                            | 01/06/2009 | Els De Wael         | 6,09 m    | Lokeren            |

|            |   |          |           |                                    |            |   |                        |
|------------|---|----------|-----------|------------------------------------|------------|---|------------------------|
| 01/05/2005 | Sander Soens  | 12,66 m  | Oordegem  | <b>hinkstap</b>                    |            |   |                        |
| 03/10/2004 | Bjorn De Borger   | 4,10 m   | Oordegem  | <b>polstok</b>                     | 29/05/2010 | Steffi Dhont  | 3,82 m Zele            |
| 06/09/2014 | Brecht Van Waes   | 15,92 m  | Beveren   | <b>6 kg kogel 4 kg</b>             | 01/06/2009 | Els De Wael   | 12,87 m Lokeren        |
| 12/05/2002 | Kris Coene  | 14,74 m  | Duffel    | <b>7,260kg kogel</b>               |            |   |                        |
| 19/10/2002 | Kris Coene  | 59,58 m  | Eeklo     | <b>1,75kg discus 1 kg</b>          | 16/08/1992 | Nancy De Gucht  | 45,02 m Heizel         |
| 01/07/2001 | Kris Coene  | 54,77 m  | Heizel    | <b>2 kg discus</b>                 |            |   |                        |
| 31/05/1984 | Andy Smeets   | 53,58 m  | Lebbeke   | <b>800 g speer 600 g</b>           | 15/10/2005 | Elke Oosterlinck  | 33,83 m Eeklo          |
| 25/09/1993 | Peter Van Driessche   | 25,50 m  | Eeklo     | <b>6 kg hamer 4 kg</b>             | 08/10/2005 | Karen De Borger   | 29,49 m Eeklo          |
| 26/04/2016 | Brandon De Backer   | 2633     | Zeel      | <b>5-kamp</b>                      | 03/05/2009 | Els De Wael   | 3511 Ninove            |
|            |   | 5,35 m   |           | ver /100 h                         |            |   | 15.92                  |
|            |   | 33,46 m  |           | speer/ hoog                        |            |   | 1:52 m                 |
|            |   | 23.48    |           | 200m/ kogel                        |            |   | 11,12 m                |
|            |   | 30,65 m  |           | discus /ver                        |            |   | 5,82 m                 |
|            |   | 4:50.30  |           | 1500m/ 800m                        |            |   | 2:25.88                |
| 07/08/2005 | Jeroen Debue  | 6408     | Dilbeek   | <b>10-kamp/7 kamp</b>              | 23/05/2009 | Els De Wael   | 5218 Filderstadt (DUI) |
|            |   | 11.63    |           | <b>100m</b>                        |            |   |                        |
|            |   | 6,37 m   |           | <b>ver</b>                         |            |   | 5,82 m                 |
|            |   | 12,16 m  |           | <b>6 kg kogel 4 kg</b>             |            |   | 12,59 m                |
|            |   | 50.81    |           | <b>400m/ 200m</b>                  |            |   | 25.45                  |
|            |   | 3,53 m   |           | <b>polstok</b>                     |            |   |                        |
|            |   | 15.66    |           | <b>(0,99 m) 110h/100h (0,84m )</b> |            |   | 14.95                  |
|            |   | 1,83 m   |           | <b>hoog</b>                        |            |   | 1,58 m                 |
|            |   | 28,43 m  |           | <b>1,750 kg discus 1 kg</b>        |            |   |                        |
|            |   | 48,67 m  |           | <b>(800 g) speer (600 g)</b>       |            |   | 31,97 m                |
|            |   | 4:36.42  |           | <b>1500m/800m</b>                  |            |   | 2:21.54                |
| 04/09/2016 | Jasper Van Driessche<br>Dries Van Nieuwenhove<br>Robin Goossens<br>Brandon De Backer    | 44.15    | Herentals | <b>4x100m</b>                      | 21/08/2011 | Saartje De Maesschalck<br>Steffi Dhondt<br>Liesbeth Van Peteghem<br>Leen Van Den Broeck | 51.69 Ertvelde         |
| 04/09/2016 | Jasper Van Driessche<br>Sander Van Assche<br>Brandon De Backer<br>Dries Van Nieuwenhove | 3:23.56  | Herentals | <b>4x400m</b>                      |            |   |                        |
| 02/09/2012 | Jonas Van Loocke<br>Joris Keppens   | 16:02.37 | Oordegem  | <b>4x1500m</b>                     |            |   |                        |



Vinnie Van Puyvelde  
Philip Cortvriendt

Records van disciplines die niet meer worden uitgeoefend

300 h (0,76 m) 08/07/1988 Veerle Van der Jeugt 49.52 Helsingborg (SWE)

| Heren      |                       |           |                | seniors                               |                   | Dames                 |                |                    |  |
|------------|-----------------------|-----------|----------------|---------------------------------------|-------------------|-----------------------|----------------|--------------------|--|
| datum      | atleet                | prestatie | plaats         | Discipline                            | datum             | atleet                | prestatie      | plaats             |  |
| 23/06/2019 | Marvin Nicque         | 10.80     | Lokeren        | <b>100m</b>                           | 30/08/2020        | Orphée Depuydt        | 12.33          | Gent               |  |
| 01/05/1989 | Erwin Thibau          | 21.56     | Leuven         | <b>200m</b>                           | 30/08/2020        | Orphée Depuydt        | 25.15          | Gent               |  |
| 31/08/1996 | Erwin Thibau          | 35.00     | Oordegem       | <b>300m</b>                           | 30/05/2010        | Els De Wael           | 41.32          | Lokeren            |  |
| 02/07/1989 | Erwin Thibau          | 47.43     | Dilbeek        | <b>400m</b>                           | 15/08/2020        | Orphée Depuydt        | 54.67          | Brussel            |  |
| 28/05/2012 | Laurens Schockaert    | 1:49.61   | Lokeren        | <b>800m</b>                           | 04/07/1993        | Nadia Feys            | 2:10.24        | Oordegem           |  |
| 17/05/1984 | Sven Wielandt         | 2:23.02   | Oslo (NOR)     | <b>1000m</b>                          | 17/07/2019        | Eline Dalemans        | 2:52.96        | Dilbeek            |  |
| 17/05/1984 | Dirk Vervaeet         | 3:42.31   | Kessel-Lo      | <b>1500m</b>                          | <b>24/07/2021</b> | <b>Eline Dalemans</b> | <b>4:18.69</b> | <b>Lier</b>        |  |
| 26/05/1985 | Dirk Vervaeet         | 4:03.3    | Ninove         | <b>Mijl</b>                           | 01/07/2016        | Eline Dalemans        | 4:59.03        | Lokeren            |  |
| 20/08/1989 | Dirk Vervaeet         | 5:08.71   | Duffel         | <b>2000m</b>                          | 17/05/2013        | Lot Stevens           | 7:25.73        | Lebbeke            |  |
| 11/09/1988 | Dirk Vervaeet         | 7:55.30   | Tessenderlo    | <b>3000m</b>                          | <b>06/08/2021</b> | <b>Eline Dalemans</b> | <b>9:11.35</b> | <b>Goes</b>        |  |
| 06/09/2015 | Pieterjan De Bosscher | 9:24.86   | Mechelen       | <b>2 Mijl</b>                         |                   |                       |                |                    |  |
| 14/08/1985 | Raf Vervaeet          | 13:47.2   | Hechtel        | <b>5000m</b>                          | 20/05/2017        | Sofie Picavet         | 16:45.15       | Heusden            |  |
| 05/09/1986 | Raf Vervaeet          | 29:10.98  | Heizel         | <b>10000m</b>                         | 24/05/1990        | Catharina Pauwels     | 35:06.41       | Kessel-Lo          |  |
| 01/09/1992 | Chris Verbeeck        | 49:43.00  | Brasschaat     | <b>10 Mijl</b>                        | 22/10/1989        | Catharina Pauwels     | 1:01:13        | Hazewinkel         |  |
|            |                       |           |                | <b>20km</b>                           | 27/05/1990        | Catharina Pauwels     | 1:14:50        | Brussel            |  |
| 27/06/1987 | Raf Vervaeet          | 0,0418171 | Wachtebeke     | <b>1/2 marathon</b>                   | 25/02/2017        | Sofie Picavet         | 1:21:27        | Axel               |  |
| 21/04/1994 | Chris Verbeeck        | 2:19:31   | Rotterdam (NL) | <b>marathon</b>                       |                   |                       |                |                    |  |
|            |                       |           |                | <b>1 uur</b>                          |                   |                       |                |                    |  |
| 20/05/2017 | Robin Goossens        | 14.93     | Zolder         | <b>(1,07 m) 110h/100h (0,84 m)</b>    | 26/08/2020        | Maya Top              | 15.14          | Lokeren            |  |
| 26/08/2018 | Jasper De Vooght      | 52.26     | Moeskroen      | <b>(0,91 m) 400h (0,76 m)</b>         | 03/06/2017        | Axelle Vandorpe       | 61.06          | Oordegem           |  |
| 01/09/1999 | Steven De Vlieger     | 5:55.20   | Aalst          | <b>(0,91 m) 2000 steeple (0,76 m)</b> | <b>08/05/2021</b> | <b>Eline Dalemans</b> | <b>6:24.28</b> | <b>Pliezhausen</b> |  |
| 29/07/2000 | Steven De Vlieger     | 9:03.50   | Heizel         | <b>(0,91 m) 3000 steeple (0,76 m)</b> | <b>15/05/2012</b> | <b>Eline Dalemans</b> | <b>9:49.02</b> | <b>Karlsruhe</b>   |  |
| 15/08/1980 | Yves De Coen          | 1,95 m    | Zeel           | <b>hoog</b>                           | 17/05/1987        | Karin Puimege         | 1,58 m         | Ninove             |  |
| 03/07/2016 | Matthias De Leenheer  | 7,19 m    | Oordegem       | <b>ver</b>                            | 05/07/2014        | Els De Wael           | 6,21 m         | Oordegem           |  |
| 21/05/2016 | Matthias De Leenheer  | 14,38 m   | Lokeren        | <b>hinkstap</b>                       |                   |                       |                |                    |  |
| 02/06/2006 | Bjorn De Borger       | 4,12 m    | Turnhout       | <b>polstok</b>                        | 03/06/2017        | Steffi Dhont          | 3,82 m         | Oordegem           |  |

|            |                    |         |                 |                              |                   |                    |             |                     |
|------------|--------------------|---------|-----------------|------------------------------|-------------------|--------------------|-------------|---------------------|
| 03/12/2016 | Brecht Van Waes    | 16,64 m | Alamosa USA     | <b>7.260 kg kogel 4 kg</b>   | 22/07/2014        | Els De Wael        | 13,09 m     | Brussel             |
| 18/07/2003 | Kris Coene         | 58,17 m | Bydgoszcz (POL) | <b>2 kg discus 1 kg</b>      | 29/05/2011        | Sara Van den Hende | 35,73 m     | Lokeren             |
| 08/08/1999 | Geert Baeke        | 59,08 m | Burcht          | <b>800 g speer 600 g</b>     | 08/07/2018        | Yentl Vandenbergh  | 43,91 m     | Brussel             |
| 09/04/2016 | Brecht Van Waes    | 42,10 m | Canyon (USA)    | <b>7,260 kg hamer 4 kg</b>   | 13/05/2010        | An De Meersman     | 40,88 m     | Sint-Niklaas        |
|            |                    |         |                 | <b>gewichtwerpen 9,08 kg</b> | 13/04/2019        | Yara Buyle         | 9,73 m      | Eeklo               |
|            |                    |         |                 | <b>werpvijlkamp</b>          | <b>04/07/2021</b> | <b>Yara Buyle</b>  | <b>1824</b> | <b>Sint-Niklaas</b> |
| 14/09/2014 | Levi Hoste         | 2776    | Kapellen        | <b>5-kamp</b>                | 22/09/2007        | Karen Van Hecke    | 2320        | Oordegem            |
|            |                    | 41,51 m |                 | <b>speer/hoog</b>            |                   |                    | 1,40 m      |                     |
|            |                    | 23,59 m |                 | <b>discus/kogel</b>          |                   |                    | 7,93 m      |                     |
|            |                    | 5,21 m  |                 | <b>ver</b>                   |                   |                    | 4,53 m      |                     |
|            |                    | 24.64   |                 | <b>200m/100h</b>             |                   |                    | 18.75       |                     |
|            |                    | 4:04.90 |                 | <b>1500m/800 m</b>           |                   |                    | 2:40.82     |                     |
| 05/06/1993 | Tom De Backer      | 5843    | Lebbeke         | <b>10-kamp/7 kamp</b>        | 08/08/2009        | Elke Oosterlinck   | 3517        | Dilbeek             |
|            |                    | 11.41   |                 | 100m                         |                   |                    |             |                     |
|            |                    | 6,42 m  |                 | ver                          |                   |                    | 4,81 m      |                     |
|            |                    | 10,64 m |                 | 6 kg kogel 4 kg              |                   |                    | 10,01 m     |                     |
|            |                    | 50.62   |                 | 400m/ 200m                   |                   |                    | 28.21       |                     |
|            |                    | 2,30 m  |                 | polstok                      |                   |                    |             |                     |
|            |                    | 16.18   |                 | (1,07 m) 110h/100h (0,84m )  |                   |                    | 17.11       |                     |
|            |                    | 1,75 m  |                 | hoog                         |                   |                    | 1,29 m      |                     |
|            |                    | 24,14 m |                 | 2 kg discus 1 kg             |                   |                    |             |                     |
|            |                    | 36,58 m |                 | (800 g) speer (600 g)        |                   |                    | 27,94 m     |                     |
|            |                    | 4:25.15 |                 | 1500m/800m                   |                   |                    | 2:51.93     |                     |
| 21/05/1989 | Andy Beirnaert     | 42.5    | Aalst           | <b>4x100m</b>                | 24/05/2014        | Jasmin Sturm       | 48.80       | Lokeren             |
|            | Frank Meulewater   |         |                 |                              |                   | Els De Wael        |             |                     |
|            | Piet Van Theemsche |         |                 |                              |                   | Maya Top           |             |                     |
|            | Erwin Thibau       |         |                 |                              |                   | Linsey Verdurmen   |             |                     |
|            |                    |         |                 | <b>4x200m</b>                | 03/09/2017        | Angel Agwazie      | 1:42.70     | Lier                |
|            |                    |         |                 |                              |                   | Axelle Vandorpe    |             |                     |
|            |                    |         |                 |                              |                   | Els De Wael        |             |                     |
|            |                    |         |                 |                              |                   | Zita Goossens      |             |                     |
| 22/09/1991 | Peter D'Hanis      | 3:18.53 | Dilbeek         | <b>4x400m</b>                | 13/05/2017        | Lisse Thyssen      | 4:02:45     | Lokeren             |
|            | Andy Beirnaert     |         |                 |                              |                   | Siel Heettesonne   |             |                     |
|            | Frank Meulewater   |         |                 |                              |                   | Justine Tinck      |             |                     |
|            | Sven Wielandt      |         |                 |                              |                   | Fien Janssens      |             |                     |

|            |  |                 |                        |            |  |                 |
|------------|--|-----------------|------------------------|------------|--|-----------------|
| 30/08/1989 | Koen Nimmegeers<br>Dirk Vervaet<br>Patrick Van Waes<br>Marc Van Den Berghe | 7:43.9 Ninove   | <b>4x800m</b>          | 22/09/1991 | Ruth Van der Jeugt<br>Ine Claus<br>Karin Puimege<br>Nadia Feys | 9:20.19 Dilbeek |
| 28/09/1986 | Patrick Van Waes<br>Raf Vervaet<br>Dirk Vervaet<br>Alex Vervaet            | 15:38.18 Heizel | <b>4x1500m</b>         |            |  |                 |
| 28/08/2005 | Dirk Vervaet<br>Sander Soens<br>Bjorn De Borger<br>Kris Decatelle          | 3:44.32 Zele    | <b>Olympische afl.</b> |            |  |                 |